

POSITIVE SEXUAL HEALTH

BE BOLD - BE HEARD - BE THE CHANGE

LEARNING & SHARING WORKSHOPS 2019

These workshops offer young people and youth workers the chance to get involved in the Positive Sexual Health Campaign and learn more about consent, safety and well-being.

YOUNG PEOPLE

- Learn more about consent & staying safe
- Have your say on how sex ed is taught
- Change how we talk about sex in Ireland

YOUTH WORKERS

- Help young people understand 'yes' & 'no'
- Input into a European pack on sexual health
- Develop new skills around sexual health

DUBLIN - APRIL 16 - Youth Work Ireland National Office

LIMERICK - APRIL 18 - Northside Youth Space, Ballynanty

#BEBOLDBEHEARD



WORKSHOPS ON POSITIVE SEXUAL HEALTH

Learning & Sharing 2019

Dublin - Tuesday April 16th, Youth Work Ireland National Offices, Lower Dominick Street, D.1
Limerick - Thursday April 18th, Limerick Youth Service, Northside Youth Space, Ballynanty

ABOUT THE WORKSHOPS

Our Learning and Sharing interactive workshops offer young people and youth workers an opportunity to get involved with the Positive Sexual Health campaign. Young people have decided that this campaign should be about more information, learning and debate on consent, safety and well-being. Learning and Sharing days are a chance for everyone to join this discussion, have their voice heard and learn more. The Positive Sexual Health Campaign is being led by a group of young people calling themselves the *Sex Talk Team*. The events will be led and shaped by this group, providing a youth led and youth-focused day.

For young people...

The events will offer young people aged 14-18 years, an opportunity to be part of a youth movement to change how we talk, teach and learn about sexual health in Ireland.

By attending this event young people will:

- Learn more about consent and how to stay safe.
- Have your voice heard on how sex education should be taught in Ireland.
- Educate decision makers on the needs of young people in relation to sex education and health.
- Be part of a campaign to change how we talk about sex.

For youth workers and volunteers...

The events will offer youth workers an opportunity to feed into the development of a new European wide education pack on sexual health and develop your professional skills around sexual health.

By attending this event youth workers will:

- Help to develop a new European programme on sexual health.
- Help young people understand 'yes' and 'no' in relation to consent.
- Develop your professional knowledge and skills around sexual health with a focus on consent, wellbeing and safety.
- Respond to young people's needs around sexual health.

The workshops take place from 11am - 3:30pm.

They are free to attend with lunch provided, however places are limited and available on a first come first served basis. Book now at:

www.youthworkireland.ie/events

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Learning and Sharing Workshops		
11 am	Welcome by Sex Talk Team (STT) The STT will introduce the day, provide a brief summary of the campaign, their role in it and what the aims of the day are.	
11:10 am	Icebreaker led by the STT to get to know each another and set tone for the day.	
11:20 am	Moving Debate: Exploring preconceived ideas and knowledge on sexual health.	
	Youth People's Workshop	Youth Worker's Workshop
11:40 am	What is Consent Session	Youth Workers take part in a separate workshop led by Caroline Stott, to feed into the development of the YES Pack on Sex Education
12:05 pm	Wellbeing Session	
12:30 pm	Energizer led by STT	
12:35 pm	Staying Safe Session	
1:00 pm	Lunch	
1:50 pm	Welcome back energizer	
2:00 pm	<p>Have your voice heard on sexual health - Young people get to make a short video to get their key messages on sexual health out there!</p> <p>Group breaks into smaller groups led by a member of the STT person to develop key message on sexual health that they:</p> <ul style="list-style-type: none"> (i) What parents need to know. (ii) What policy makers need to know. (iii) Why we need to change the conversation on sexual health. (iv) How we can change the conversation on sexual health. 	Youth workers session continues
3:00 pm	<p>Campaign for Change 2020</p> <p>Session on what young people think should be the focus of the 2020 Campaign of Change</p>	
3:20 pm	Close	